|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **ריצת** **100 מ** | ניקוד | **כפיפות מרפקים** | ניקוד | **קפיצה משולשת** | ניקוד |  |
| 12.50 | 100 | 55 | 100 | 10.5 | 100 |  |
| 12.55 | 99 |  | 99 | 10.4 | 99 |  |
| 12.60 | 98 | 54 | 98 | 10.3 | 98 |  |
| 12.65 | 97 |  | 97 | 10.2 | 97 |  |
| 12.70 | 96 | 53 | 96 | 10.1 | 96 |  |
| 12.75 | 95 |  | 95 | 10 | 95 |  |
| 12.80 | 94 | 52 | 94 | 9.9 | 94 |  |
| 12.85 | 93 |  | 93 | 9.8 | 93 |  |
| 12.90 | 92 | 51 | 92 | 9.7 | 92 |  |
| 12.95 | 91 |  | 91 | 9.6 | 91 |  |
| 13.00 | 90 | 50 | 90 | 9.5 | 90 |  |
| 13.05 | 89 |  | 89 | 9.45 | 89 |  |
| 13.10 | 88 | 49 | 88 | 9.4 | 88 |  |
| 13.15 | 87 |  | 87 | 9.35 | 87 |  |
| 13.20 | 86 | 48 | 86 | 9.3 | 86 |  |
| 13.25 | 85 |  | 85 | 9.25 | 85 |  |
| 13.30 | 84 | 47 | 84 | 9.2 | 84 |  |
| 13.35 | 83 |  | 83 | 9.15 | 83 |  |
| 13.40 | 82 | 46 | 82 | 9.1 | 82 |  |
| 13.45 | 81 |  | 81 | 9.05 | 81 |  |
| 13.50 | 80 | 45 | 80 | 9 | 80 |  |
| 13.55 | 79 |  | 79 | 8.95 | 79 |  |
| 13.60 | 78 | 44 | 78 | 8.9 | 78 |  |
| 13.65 | 77 |  | 77 | 8.85 | 77 |  |
| 13.70 | 76 | 43 | 76 | 8.8  | 76 |  |
| 13.75 | 75 |  | 75 | 8.75 | 75 |  |
| 13.80 | 74 | 42 | 74 | 8.7 | 74 |  |
| 13.85 | 73 |  | 73 | 8.65 | 73 |  |
| 13.90 | 72 | 41 | 72 | 8.6 | 72 |  |
| 13.95 | 71 |  | 71 | 8.55 | 71 |  |
| 14.00 | 70 | 40 | 70 | 8.5 | 70 |  |
| 14.05 | 69 | 39 | 69 | 8.45 | 69 |  |
| 14.10 | 68 | 38 | 68 | 8.4 | 68 |  |
| 14.15 | 67 | 37 | 67 | 8.35 | 67 |  |
| 14.20 | 66 | 36 | 66 | 8.3 | 66 |  |
| 14.25 | 65 | 35 | 65 | 8.25 | 65 |  |
| 14.30 | 64 | 34 | 64 | 8.2 | 64 |  |
| 14.35 | 63 | 33 | 63 | 8.15 | 63 |  |
| 14.40 | 62 | 32 | 62 | 8.1 | 62 |  |
| 14.45 | 61 | 31 | 61 | 8.05 | 61 |  |
| 14.50 | 60 | 30 | 60 | 8 | 60 |  |
| 14.55 | 59 | 29 | 59 | 7.9 | 59 |  |
| 14.60 | 58 | 28 | 58 | 7.8 | 58 |  |
| 14.65 | 57 | 27 | 57 | 7.7 | 57 |  |
| 1.70 | 56 | 26 | 56 | 7.6 | 56 |  |
| 14.75 | 55 | 25 | 55 | 7.5 | 55 |  |
| 14.80 | 54 | 24 | 54 | 7.4 | 54 |  |
| 14.85 | 53 | 23 | 53 | 7.3 | 53 |  |
| 14.90 | 52 | 22 | 52 | 7.2 | 52 |  |
| 14.95 | 51 | 21 | 51 | 7.1 | 51 |  |
| 15.00 | 50 | 20 | 50 | 7 | 50 |  |
| 15.05 | 49 | 19 | 49 | 6.95 | 49 |  |
| 15.10 | 48 | 18 | 48 | 6.9 | 48 |  |
| 15.15 | 47 | 17 | 47 | 6.85 | 47 |  |
| 15.20 | 46 | 16 | 46 | 6.8 | 46 |  |
| 15.25 | 45 | 15 | 45 | 6.75 | 45 |  |
| 15.30 | 44 | 14 | 44 | 6.7 | 44 |  |
| 15.35 | 43 | 13 | 43 | 6.65 | 43 |  |
| 15.40 | 42 | 12 | 42 | 6.6 | 42 |  |
| 15.45 | 41 | 11 | 41 | 6.55 | 41 |  |
| 15.50 | 40 | 10 | 40 | 6.5 | 40 |  |